#### Helvar









#### **Creating Brighter Spaces**

**New Lighting Norm EN-12464-1** 

A **HELVAR** WHITEPAPER

Helvar

## the new lighting norm EN-12464-1

#### The EN-12464-1 Lighting Norm specifies lighting requirements for people in indoor workplaces.

This Norm covers all indoor working areas including but not limited to offices, industry, healthcare, retail, restaurants, hotels, museums, libraries, schools, and car parks. You could say it is easier to mention what it doesn't cover — outdoor working areas, underground mining or emergency lighting.

This Norm replaces the previous 2011 version. **The main changes include:** 

- The recommendations provided in the tables account for user needs more so than in the past
- The impact of visual and nonimage forming effects of light are elaborated
- Requirements for walls, ceilings and cylindrical illuminances are moved to tables
- More advice on applying the requirements when designing lighting

- —The new informative Annex clarifies glare requirements
- Flicker and stroboscopic effects are updated

Arguably, the most crucial change in the Norm was changing the structure to add more information to the tables. Previously, many users have focused solely on the minimum requirements in the tables, missing key details in the Norm, resulting in poor design and poor lighting. Or at least not as good lighting that the previous Norm was requesting. Although the tables now have more information, it is still important to note that the central part of the Norm are the chapters before the tables.

This whitepaper looks at the Norm through a lighting control lens.

To understand the bigger picture, every designer must read the entire Lighting Norm.

## Ēm and maintenance factor

Before we dive deeper into the Norm, it's worth explaining a significant term mentioned throughout; maintained illuminance.

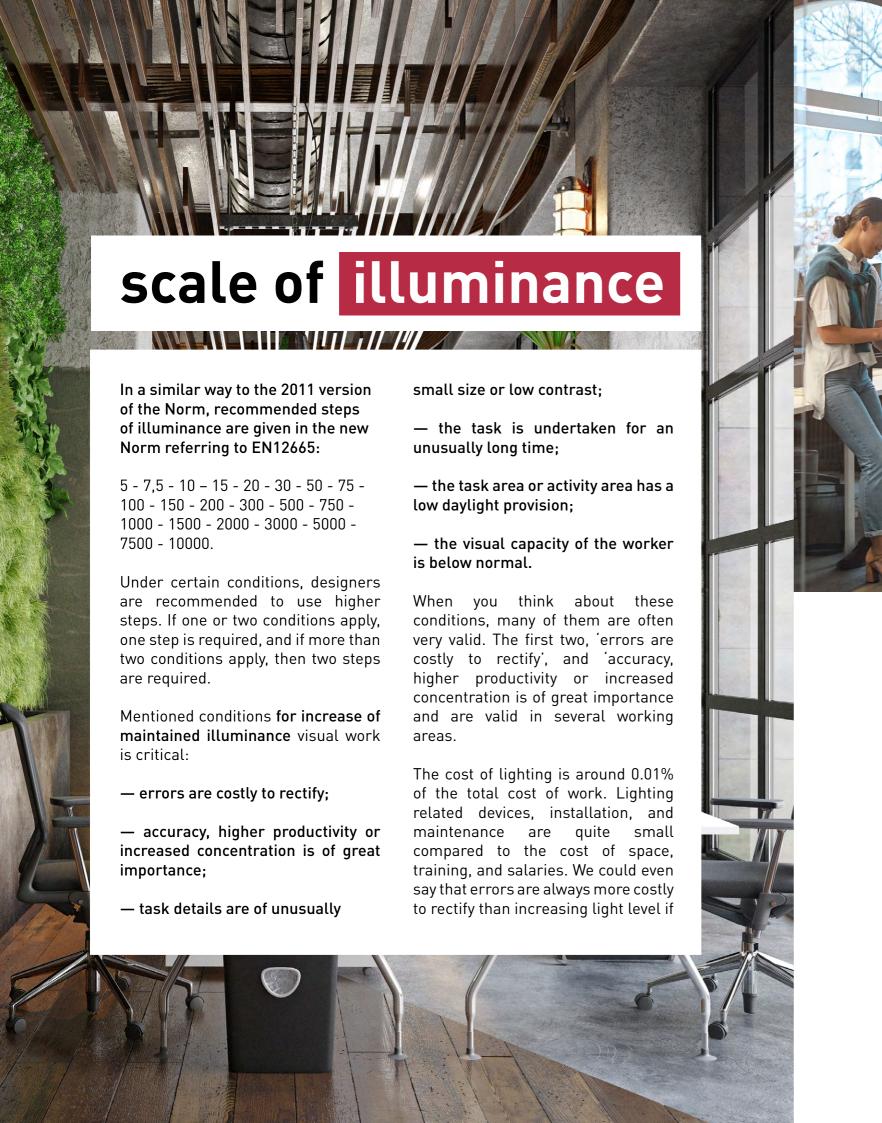
Maintained illuminance is illuminance at the time when maintenance is expected to take place. It should be achievable even without any daylight, just by artificial lighting. All lighting systems and environments get old and/or dirty, and how much this influences illuminance depends on the lighting system, environment, and especially maintenance.

Ēm refers to the illuminance level and is the value below which the average illuminance on a specified area should not fall. Ēm is the figure that should always be measurable in the specified area. In practice, it means that initial illumination in the new installation needs to be higher.

Lighting designers use maintenance factor to take this into account in their design. So, for example: if the required amount is 1000 lux, the initial value could be 1250 lux (maintenance factor 0.8. —1250\*0.8=1000) and then on the site, the light sensors can be used to control the lighting in a way that there is 1000 lux.

Another option is to program this constant light output to a led driver. The luminaire then automatically dims up overtime to compensate for lost lumen output resulting from ageing. The Norm defines maintained illuminance on the working area in its surroundings and for ceilings and walls. Maintained semicylinderical illuminance is also defined in the tables. All of these have the same logic; artificial lighting should, at least, be able to always produce this amount of light to the defined areas.





that influences the error rate.

Arguably, the rarest condition is the middle one; 'task details are of unusually small size or low contrast'. The last three conditions require future knowledge.

A designer should know how long people are working and their visual capacity. They might know the plan initially; however, it is difficult to know what happens after a short period.

The condition: 'the task is undertaken for an unusually long time' is often valid, although we would instruct workers to take regular breaks. 'The task area or activity area has a low daylight provision' is often true and is deeper in the rooms and work, which is completed outside of daylight hours.

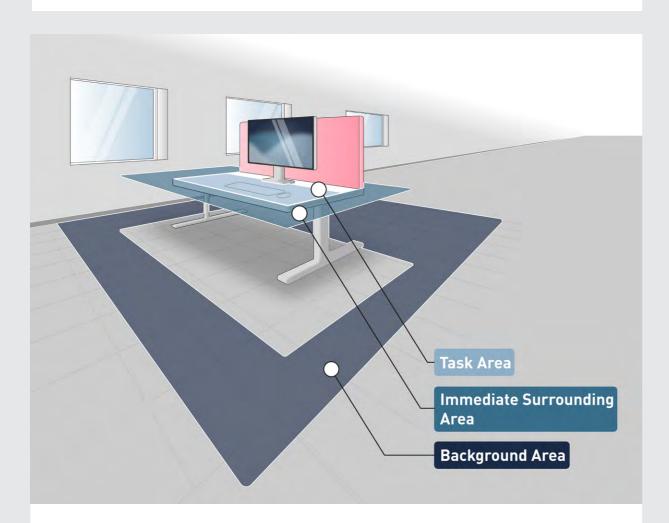
For certain tasks and parts of the globe, this is quite normal.

The remaining condition: 'the visual capacity of the worker is below normal' might be the most difficult to neglect if, at the design phase, the workers are unknown.

So, in practice, most of these conditions are valid in most projects, meaning that two steps of higher illuminances are recommended to be available for users in working areas.

The Norm also allows the use of a onestep lower illuminance under certain conditions: 'task details are of an unusually large size or high contrast, or the task is undertaken for an unusually short time'. These options are possible from time to time.

# task area, immediate surrounding area and background area



#### Relationship of illuminances on immediate surrounding to the illuminance on the task area or activity area

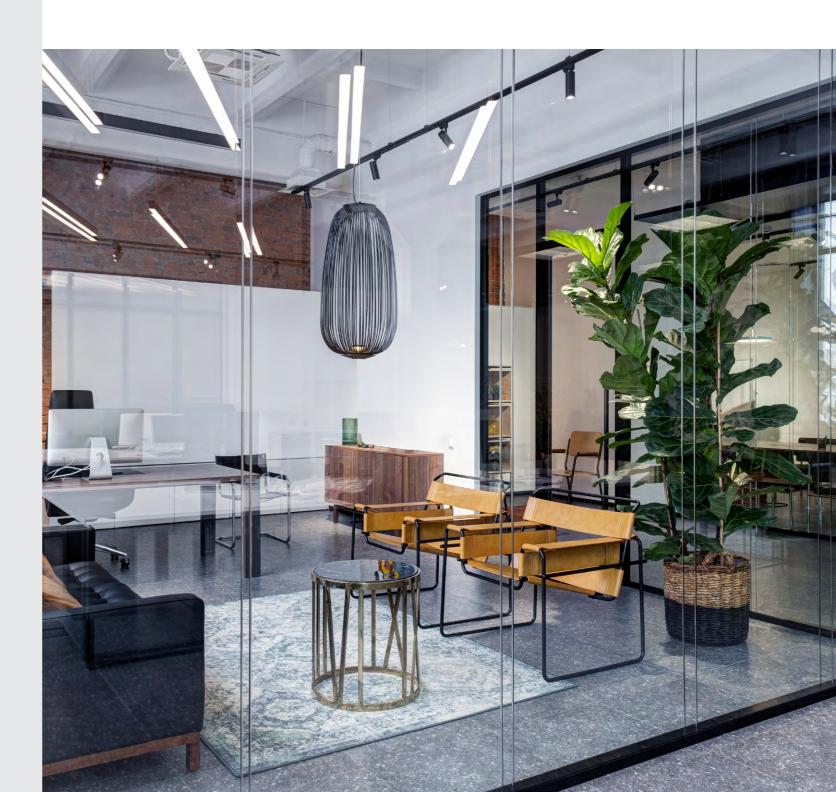
the task area or activity area							
Illuminance on the task area or activity area $\bar{E}m$  x	Illuminance on immediate surrounding areas						
≥ 750	500						
500	300						
300	200						
200	150						
≥ 150	equal to task area						

The Norm refers to the task area, immediate surrounding area and background area. Most of the focus has always been around the task area — the area where the task is and often not the horizontal layer.

Close to that is the immediate surrounding area. It is at least a 0.5m area around the task area and its illuminance relates to the task area illuminance. If the task area has 750 lx

or more, the immediate surrounding area should have at least 500 lx.

The background area is a horizontal area on the floor level. It is adjacent to the immediate surrounding area within the limits of space and should be illuminated with a maintained illuminance of 1/3 of the value of the immediate surrounding area. For larger rooms, the band should be at least 3m wide.



### 52 tables

Towards the end, the Norm provides several tables. It is essential to read the entire Norm and not focus solely on the tables. Below is part of an example of arguably one of the most commonly referred tables - Offices. For specifiers, looking at this one table is not enough. There are always other areas than those mentioned in the table in every office. For example, Table - Traffic zones inside buildings and Table - General areas inside buildings: rest, sanitation and first aid room. These two tables are also relevant in almost every office.

Type of task/activity area	Ēm Ix		Uo Ra	Ra	Rugl	Ē <sub>m,z</sub>	Ēm,wall	Ēm,ceiling	Specific requirements
		modified <sup>b</sup>				U₀≥0,10		0	
Writing, typing, reading, data processing	500	1000	0,60	80	19	150	150	100	DSE-work, see 5.9 room brightness, see 6.7 and Annex B Lighting should be controllable, see 6.2.4 For smaller cellular offices the wall requirement applies to the front wall. For other walls a lower requirement of minimum 75 lx could be accepted.
Technical drawing	750	1500	0,70	80	16	150	150	100	DSE-work, see 5.9 room brightness, see 6.7
CAD workstations	500	1000	0,60	80	19	150	150	100	DSE-work, see 5.9
Conference and meeting rooms	500	1000	0,60	80	19	150	150	100	Lighting should be controllable, see 6.2.4
Conference table	500	1000	0,60	80	19	150	150	100	Lighting should be controllable, see 6.2.4



As previously mentioned, there are more recommendations provided in the tables than in the past. The most significant change is the addition of the column 'modified' to the tables. This forces specifiers to think: what is the illuminance level needed? In earlier versions, this was only explained in the text and not shown in the tables, which resulted in a misuse of the Norm.

Two further significant additions to the tables are: 'Maintained values of cylindrical illuminance' and 'illuminance on the ceiling and walls'. These were also only mentioned in the text and not shown in the tables. The values of these two have also been increased which may influence lighting design considerably.

If you're a lighting designer, here's a small exercise for you to check with your old designs done by Dialux or Relux. If you have carried out a design aiming 500 lux to a task area just by using direct lighting – look at the values at the ceilings. It is not easy to reach 100 lux at the ceiling using only direct lighting and only "required" column values.

The Norm provides a strong recommendation: "This Norm recommends the use of the higher maintained illuminance Ēm' to give the user the full use of the lit environment. Designing a basic lighting installation only fulfilling the minimum criteria limits the possible benefits of good lighting quality."

By increasing, for example, the illuminance at the ceiling; it is very challenging even to try not to use higher lighting levels also on the task area.

The last column in the tables in the new Norm includes 'specific requirements'.

Several areas note that "lighting should be controllable". To fully understand this topic, it is crucial to read chapters 6.2.4 and 6.6, where more instructions are provided, and the reasoning explained.

The Norm states that "lighting should be adjustable to the actual user needs". This opens the idea of lighting being able to be tailored to individual needs.

Personal lighting provides the opportunity to tune the light settings on your very own desk according to your needs, allowing you to manage the light settings you prefer. This can boost satisfaction and productivity since we all feel better

in environments that are tuned to our own needs.

If you are unaware of who the users are, it is practical to design and install good quality light for different users and different circumstances.

The Norm lists this in the form that an adjustable system ensures that:

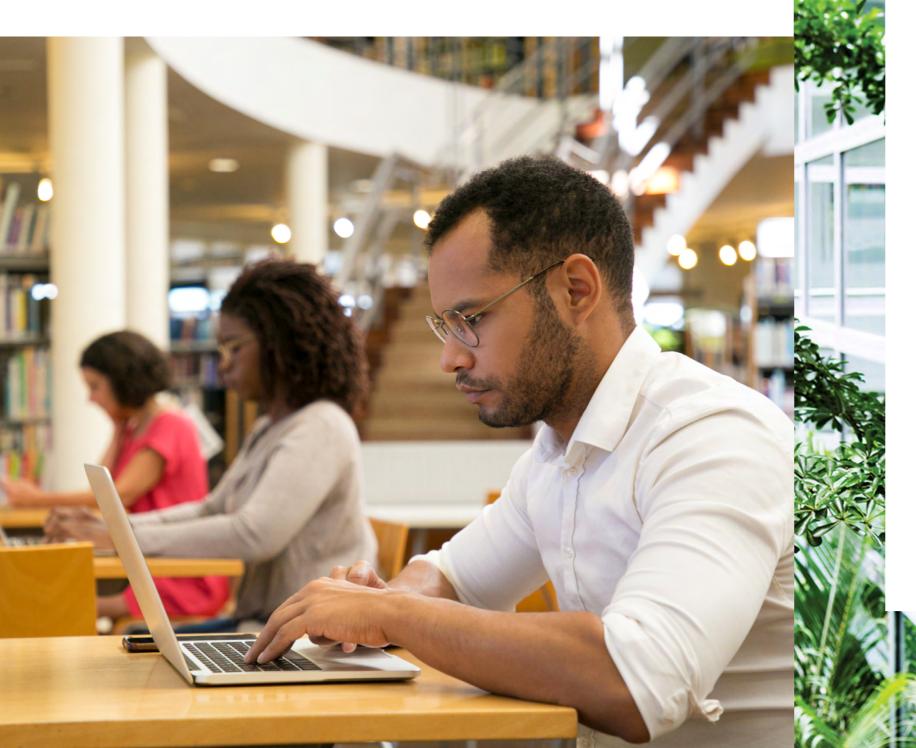
- —The benefit of available daylight is maximised
- —Occupancy of the space can be taken into account
- —Changes in visual tasks can be catered for
- —Changes of occupant's preferences or needs can be catered for

The overall focus of the Norm is on the visual aspects of lighting. It does, however, discuss the influences of light on health and wellbeing. It repeats the known effects of light on one's mood, emotion, mental alertness, and circadian rhythms.

Varying illuminances and varying colour temperature or spectrum per time and season can enhance people's wellbeing. The new Norm, however, does not give exact information on how this variability should be done. Instead, it refers to CEN/TR 16791 and CIE S

026 and highlights general information about non-image forming effects in the informative annex (B.5).

Arguably, the most interesting variability of light-related specific requirements to note is: "variability of light is important in spaces that are occupied for extended periods." Examples of these types of areas include classrooms, healthcare, offices, and production spaces — pretty much covering a large variety of spaces; you could say the variability of light is essential almost everywhere.



### energy and cost considerations

Despite the Norm not mentioning how lighting control should be arranged, it does provide typical examples, such as increasing or decreasing light output of luminaires, changing colour temperature, or using different light scenes.

The Norm underlines the starting phase of every lighting project without forgetting energy. "Lighting should be designed to meet the lighting requirements of a particular task, activity or space in an energy-efficient manner."

It highlights the order of thinking — first, what is needed, and then explains how to do it energy-efficiently. Thus, the visual aspects of light should not be compromised in any situation, which begs the question: how can you save energy in lighting?

The Norm provides an answer in the form of examples: daylight harvesting, responding to occupancy patterns, maintenance characteristics and full use of controls.

Using higher initial illuminances might raise some cost consider-

ations. Does doubling the initial illuminance double the cost? The cost effect of installing more "light" is minimal.

Uniformity and glare limitations define the number of luminaires needed. This means that installing more "light" does not affect the number of luminaires.

When the number of luminaires stay the same, the installation, cabling, and lighting controls do not generate any additional costs. More powerful luminaires can be, however, more expensive. Although the same mechanics could be used, an increased number of LEDs or more powerful LEDs are needed. By using more powerful LED drivers, the luminaires are likely to become more expensive.

However, in terms of the total lighting project cost, the difference is less than 10%.

But even more importantly, the main cost consideration should be done in relation to the energy which can be saved during the lifetime of the lighting, and here, the answer is full use of lighting control.

### full use of lighting control

But what exactly does 'full use of lighting control' actually mean?

Traditionally, we might have thought of adding occupancy sensing and light sensors as they help keep light 'on' only when needed at the planned level. Nowadays, however, we have the opportunity to add more intelligence to lighting control.

By smartly using sensor data, we can take a step towards full use of lighting control. Intelligence, such as selflearning capabilities, would boost functionality and future flexibility further. The next level of lighting control would mean enhancing lighting data, for example, at cloud

platform, and tuning levels and parameters based on data.

The picture below shows a movement detector optimisation report. This is created by analysing sensor data in the cloud platform to detect if the system's fade times are optimised from an energy-efficiency and wellbeing perspective. This is just one practical example of using more intelligence to make spaces brighter.

**Implementing** report recommendations can be done manually; however, a more intelligent way might be to let AI tune lighting parameters continuously or periodically.

#### On-timer optimisation



Lighting Time Saving (each luminaire/month)



Optimize the timer to 15 mins can help each luminaire Reduce the monthly lighting time by 111 hours

#### Helvar Light over Time®

Helvar's lighting profile creation and implementation tool, designed to balance the artificial lighting in our daily environment and provide a more natural lighting cycle.

In the direct context of EN-12464-1, this could be used in a way that the required higher lighting level would be used during working hours and beyond that time when occupancy and lighting levels would be according to the required minimum.

> Click here to read more about Light over Time

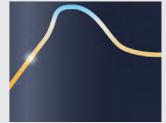


Watch the video



WELLBEING





**NATURAL** 



**ALERTNESS** 

As stated in the Norm, lighting should be controllable according to user needs. The traditional way has been to use different kinds of user interface panels. These panels can be wireless, selfpowered devices that are positioned in the most suitable locations. An alternative would be personal control via mobile phone.

With the **Helvar ActiveTune** mobile app you can tune the light settings on your desk according to your needs. You can save your favourite lights as well as light settings to access them faster through the app.

To get started, download the free ActiveTune app from app store using

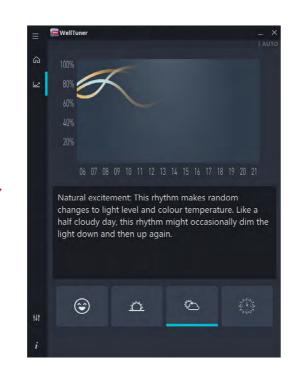
the below links. Then you are ready to scan the QR code on your desk and start managing the light settings on your desk!



Another option is lighting that adjusts according to users' personal needs automatically.

**Helvar WellTune** is one concept solution. With WellTune, it is possible to save and adjust individual lighting settings.

When a user selects a working place with a new working station, the individually tailored lighting parameters saved with the personal laptop can automatically follow the user to the new workstation chosen. This requires no action from the user. The best lighting systems are ones where the lighting works without the need for people to think about it.



These are just a few intelligent lighting solution options for lighting design according to the new Norm requirements. However, the Norm does not define "how", so it is important to remember that a designer has a lot of freedom to use their imagination.

## is there room left for direct lighting?

It's still possible to use only ceiling-mounted luminaires aiming for uniform lighting in an area. Luminaires can illuminate task areas, immediate surroundings, and background areas evenly. This type of installation is a perfect choice, primarily when task areas are not known well enough in advance. It also provides flexibility should changes be needed in the future.

Despite this, this general solution is not without its problems. For example, suppose there are shadowing objects, such as the separation wall in the picture below. In that case, the installation density needs to be enough, or the location needs to be well planned to avoid shadows from objects or users of the task area.

With direct lighting, the most critical lighting parameter might be ceiling illuminance. Ceiling based area sensors can measure this value. They fit this role better than their traditional role, where they are used to evaluate how much light is at the task area below.

In practice, this type of lighting control could work in a way that the lighting on the ceiling is always kept at 100lux, and the lighting below, at task area, can be, for example, 600lux to 1000lux. Occupancy can be detected by area sensors controlling several luminaires. Alternatively, another option could be to locate sensors to every luminaire. This would improve measurements density leading to more exact lighting levels and more significant energy savings.





### our closing remarks

When considering the new Norm, it's essential to put the needs of end-users at the heart when designing future-proof lighting.

Often, requirements of end-users are unknown since the end-users themselves are unknown. Light should be tuned according to users' needs, and lighting control already offers excellent tools.

The Norm strongly advises building variability and adjustability to lighting. Using only the minimum in the tables goes against the Norm.

If any of the conditions mentioned in the Norm exist, you are

recommended to use higher maintained levels.

Many of these conditions, such as: "accuracy, higher productivity or increased concentration is of great importance", "the task is undertaken for an unusually long time"," the task area or activity area has a low daylight provision" and "the visual capacity of the worker is below normal", exist very often.

The future-proofness of installation will increase with higher available illuminance, and then building lighting control strategies beyond energy-savings are possible.

To learn more about how Helvar can help you, speak to our team today!

visit helvar.com

We're based in Finland, Sweden and the UK - but we work with Partners all over the world.

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